



Medicare/Medicare Advantage 101 Webinar Series

Sponsored by Lumen

Knowing the facts about Medicare and how it may factor into your future is important to your overall retirement plan. Join these quarterly 60-minute Medicare webinar series and learn from our Medicare experts:

- How Medicare works,
- More about your coverage choices,
- Medicare Advantage and the new Lumen Medicare Advantage plan
- And other resources and tools to keep you informed.

Topic: Medicare 101

Hosted by drcog/SHIP Program and Lumen

This webinar covers the basics of Medicare, the Federal government health insurance for people over age 65. The class includes how and when to enroll, what Medicare covers, Medicare costs, and Medicare options and choices, including:

- Medicare's 2 paths
- Medicare Part A Hospital Insurance
- Medicare Part B Medicare Insurance
- Part C Medicare Advantage Plans
- Part D Prescription Drug Plans
- Medicare Supplement Plans (Medigap)

The class is taught by personnel from the Colorado State Health Insurance Assistance Program (SHIP), a national governmental program that educates people about Medicare, helps them understand their Medicare options, and assists with solving problems.

Select from the below dates and times to register. Hover over your preferred date and follow the displayed instructions:

- [April 10 - 11:00 a.m. \(MST\)](#)
- [June 12, 11:00 a.m. \(MST\)](#)
- [Sept. 11, 11:00 a.m. \(MST\)](#)
- [Dec. 18 - 11:00 a.m. \(MST\)](#)

The information in this article is intended to provide guidance about the retiree benefit plans presently sponsored by Lumen Technologies, Inc. and doesn't waive any reserved rights the company has with regard to the plans or their benefits, nor does this affect the terms of the written agreement specific to Legacy Qwest Pe-1991 and Legacy Qwest ERO'92 retirees. If there is any difference between the information in this article and the terms of the official plan documents, the terms of the official plan documents will govern. If you have questions regarding your benefits, please consult the Annual Enrollment Summary of Material Modifications (SMM), the Summary Plan Description, and prior SMMs or call the claims administrator for the plan or the Lumen Health and Life Service Center directly.

Topic: Medicare Advantage 101

This webinar is for retirees /eligible retirees becoming Medicare eligible. We'll discuss Medicare Advantage, the pros and cons, how it's different from standard Medicare, and Lumen's new group Medicare Advantage plan.

Select from the below dates and times to register. Hover over your preferred date and follow the displayed instructions:

- [April 9 - 11:00 a.m. \(MST\)](#)
- [June 13, 11:00 a.m. \(MST\)](#)
- [Sept. 12, 11:00 a.m. \(MST\)](#)
- [Dec. 19 - 11:00 a.m. \(MST\)](#)

Registration links can also be found on the webinars page on the [Health and Life website](#). Additional information can be found at lumen.com/mapd.