

LUMEN®

RETIREE BENEFITS

News



Understanding Social Security Workshop

Hosted by Lumen and MetLife

Are you curious about how social security works and what it means for your retirement? Do you want to learn more about the eligibility, benefits, and strategies for maximizing your social security income? If so, you are invited to attend a virtual workshop on Understanding Social Security.

The more you know about Social Security, the better your chance of getting the most out of it. In this workshop, you can take a closer look at how the program works, the different types of Social Security benefits available, and when it pays to delay those benefits.

Join us for the **Understanding Social Security** on May 9 from 12 p.m. to 1p.m. (MST). Register today at cvent.me/mB1PPX.

We hope to see you there!

The information in this article is intended to provide guidance about the retiree benefit plans presently sponsored by Lumen Technologies, Inc. and doesn't waive any reserved rights the company has with regard to the plans or their benefits, nor does this affect the terms of the written agreement specific to Legacy Qwest Pe-1991 and Legacy Qwest ERO'92 retirees. If there is any difference between the information in this article and the terms of the official plan documents, the terms of the official plan documents will govern. If you have questions regarding your benefits, please consult the Annual Enrollment Summary of Material Modifications (SMM), the Summary Plan Description, and prior SMMs or call the claims administrator for the plan or the Lumen Health and Life Service Center directly.