

What can I do at **myuhc.com**®?

Find a doctor.

Track my blood pressure.

Find a great hospital.

Track my weight.

Look up my claims.

Improve my health.

Chat with a nurse.

Simplify my life.

Learn about diabetes.

Save money on services.

Stay healthy.

Replace my ID card.

Record my health history.

Keep track of my family's medical history.

Estimate costs ahead of time.

Embrace wellness.

See my benefits

Keep track of my shots.

And much, much more.

It all adds up to
peace of mind.

Organize my claims

- See the status of my current claims
- Check my past claims history
- View my monthly statements
- See my whole family in one view
- Print copies for my records if I like

Find a doctor

- Search for a doctor or hospital in your area
- See which doctors meet stringent quality standards
- Evaluate hospitals on cost, quality and patient safety
- Find a mental health professional
- Get driving directions and print a map

Get more from your health benefits with

myuhc.com[®]

Get the facts

- Learn more about my coverage
- Check my current eligibility
- Look up my deductible or out-of-pocket limit

Improve my health

- Take a free online Health Assessment, with recommendations for change
- Read the most up-to-date, trustworthy healthy lifestyle advice
- Use tools, quizzes, and calculators on everything from aging well to world travel

Get help with decisions

- Learn more about health conditions or procedures
- Connect with a nurse through live, one-to-one online Nurse Chats
- Read up on common symptoms and what they might mean
- Explore various treatment options

It's easy to register!

1. Visit www.myuhc.com
2. Select **REGISTER NOW**
3. Type in the requested information
4. Get started!

